PRINCIPAL EXAMINER'S REPORT

BOTSWANA
EXAMINATIONS
COUNCIL

JCE PHYSICAL EDUCATION

2023

INTRODUCTION

This is a 60 marks written paper comprising of Sections A and B. Section A consists of short answer questions 40 Marks in total and Section B which consists of two questions carrying 10 marks each making 20 marks in total. The paper assesses candidates on knowledge, understanding and application of Physical Education concepts. This report addresses what was picked out in the marking of the paper during the 2023 marking session.

QUESTION 1

The item was well answered by most candidates, but few candidates did not include that it involves movement. They just wrote that it develops an individual mentally, physically, and socially.

QUESTION 2

  a) The item was answered well by most candidates,
  b) Candidates did not do well in this question. They gave roles of a coach and physiotherapist instead while other candidates gave roles of different random specialists.

QUESTION 3

Most candidates gave the definition of Fitness instead of Physical Fitness.

QUESTION 4

  a) Most candidates gave the correct answers but some re-wrote red blood cells as the answer which is wrong.
  b) Some candidates described the role of the component they gave in question 4a instead of explaining the functions of the red blood cells.

QUESTION 5

Most of the candidates answered it well.

QUESTION 6

The question was well answered by most candidates

QUESTION 7

Most candidates answered the questions well, but a few gave the importance of first aid in general, some gave reasons for REST instead of Elevation and some gave ways of minimizing injuries.

QUESTION 8

Candidates gave technological gadgets without the usage; some gave answers related to athletics instead of football while some candidates were not focused on officiating football but rather the general importance of technology.

QUESTION 9

   a) Majority of candidates did well.
   b) Majority of candidates gave the correct answer.
   c) Most of the candidates gave characteristics of traditional games instead of recreation activities and some gave benefits of traditional games.

QUESTION 10

   a) The question was well answered by most candidates, but some gave wrong components and there were those who wrote body fats and body weight.
   b) Some candidates gave the equipment used in the test and some gave the formula of BMI, but the majority of the candidates did well.

QUESTION 11
   a) Most of the candidates described the body type instead of giving a body type and some gave Ectomorph and Endomorph instead of Mesomorph.

QUESTION 12

Majority of the candidates did well but some gave examples of activity instead of the type.

QUESTION 13

Most candidates did not know the formula for calculating Cardiac Output. Instead of multiplying the Heart rate by Stroke volume they were adding or subtracting.

QUESTION 14

   a) Most candidates were able to give the correct immediate effects.

   b) Most candidates explained how sweating happens instead of the reason why people sweat.

QUESTION 15

Most candidates described or defined cardiovascular endurance instead of how it helps in performance.

QUESTION 16

Some candidates gave gadgets used to access the internet instead of how the internet can be used but generally the question was well answered.

QUESTION 17

   a) Most candidates gave answers that were not related to blood policy like wearing a mask and keeping a distance from another. Some gave general safety precautions that minimize injuries.
   b) Most candidates did well but some gave Mental and Social benefits.

QUESTION 18

Most candidates did not do well in this question. Some students wrote about the economic status of the country and individual families.

QUESTION 19

   a) i) Most candidates did well in this question, but some wrote activities that are foreign to Chobe national park e.g mountain/ rock climbing.
   ii) Most candidates got one mark because the question was related to the answer in 19 (a)(i).
   iii) Most candidate did well in this question.

   b) Candidates did well in this question.
   c) Most candidates answered the question correctly.

QUESTION 20

   a) Most candidates did well in this question except for a few who gave dancing as an answer.
   b) Most of the candidates got one mark because they wrote that it involves movement instead of further elaborating that it involves movement therefore builds the social, physical, and mental aspects of an individual.
   c) i) Most candidates did well but some wrote examples of skeletal muscles like biceps.
   ii)Most candidates did well in this question even though there were those who gave effects of exercise on the body in general.

d) i) Most candidates failed to describe how the component develops cooperation.
    ii) The item was well answered by most candidates, some repeated the word cooperation.

e) Most candidates gave the correct principles of training only a few wrote F.I.T.T but generally most gave correct answers.